

# Sailing At the Center!



In collaboration with Sailaway Sailing School, The Cardinal Shehan Center administers a 7 week summer Sailing Program. Since 2014 the Cardinal Shehan Center has successfully trained over 150 children. Each participant must pass a swim test, which takes place at the Center's Pool.

Participants are given access to professional sailing teachers and learn a multitude of skills... Including...

Self-Confidence  
Swimming  
Water Safety

Marine Environment  
Ocean Science  
Marine Life

Vessel Terminology  
Rigging & De-rigging  
Steer, Start & Stop

**AND SO MUCH MORE!**

Please visit or call 203.336.4468 to register today!